

Dear TCC Staff & Members,

We are pleased to inform you that Thomson Medical has tailored health screening packages exclusively for TCC COOPERATIVE.

TCC Basic : \$278.20

Core Component

- Medical Consultation & Review
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- ECG (12 leads)
- * Treadmill ECG
- Pap Smear (For Ladies

Blood Test

- Full Blood Exam
- Kidney/Renal Function Test
- Bone/Joint
- Liver Function
- Lipid Studies
- Diabetic Screen
- Hepatitis A & B Screen
- Thyroid Studies (FT4 & TSH)
- * Sports Attire and running shoes are required

For any enquiries, please contact the clinic at 6352 6550.

Thomson Lifestyle Centre

10 Sinaran Drive, #10-14/15 Novena Medical Center, Square 2 Singapore 307506 E: lifestyle@thomsonmedical.com W: thomsonlifestylecentre.com









Dear TCC Staff & Members,

We are pleased to inform you that Thomson Medical has tailored health screening packages exclusively for TCC COOPERATIVE.

TCC Classic : \$385.20

Core Component

- Medical Consultation & Review
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- ECG (12 leads)
- * Treadmill ECG
- Pap Smear (For Ladies)
 Blood Test
- Full Blood Exam
- Kidney/Renal Function Test
- Bone/Joint
- Liver Function
- Lipid Studies
- Diabetic Screen
- Hepatitis A & B Screen
- Thyroid Studies (FT4 & TSH)

Cancer Markers

- AFP (Liver), CEA (Colon)
- CA125 Ovary (Ladies) or PSA Prostate (Men)

* Sports Attire and running shoes are required.

For any enquiries, please contact the clinic at 6352 6550.

Thomson Lifestyle Centre

10 Sinaran Drive, #10-14/15 Novena Medical Center, Square 2 Singapore 307506 E: lifestyle@thomsonmedical.com W: thomsonlifestylecentre.com Radiology Investigations Choose 1 out of 6

- 1. Ultrasound Thyroid
- 2. Ultrasound Liver
- 3. Ultrasound Kidney
- 4. Ultrasound Pelvis (ladies)
- 5. Ultrasound Breast (ladies)
- 6. Ultrasound Bladder (Men)

Sensory Test (Choose 1)

- Tonometry, Color Vision
- Audiometry
- Spirometry

Includes Breakfast

Show Your TCC Card





Dear TCC Staff & Members,

We are pleased to inform you that Thomson Medical has tailored health screening packages exclusively for TCC COOPERATIVE.

TCC Premium : \$695.50

Core Component

- Medical Consultation & Review
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- ECG (12 leads)
- * Treadmill ECG
- Chest X-ray
- Pap Smear (For Ladies)

Blood Test

- Full Blood Exam
- Kidney/Renal Function Test
- Bone/Joint
- Liver Function
- Lipid Studies
- Diabetic Screen
- Hepatitis A & B Screen
- Thyroid Studies (FT4 & TSH)
- STD (HIV, VDRL)

Cancer Markers

- AFP (Liver), CEA (Colon), EBVEA (Nose), CA19-9 (Pancreas)
- CA125 Ovary (Ladies) or PSA Prostate (Men)

Radiology Investigations Group A Choose 1 out of 6

- 1. Ultrasound Thyroid
- 2. Ultrasound Liver
- 3. Ultrasound Kidney
- 4. Ultrasound Pelvis (ladies)
- 5. Ultrasound Breast (ladies)
- 6. Ultrasound Bladder (Men) Group B

Choose 1 out of 5

- 1. Ultrasound Abdomen
- 2. Ultrasound Liver & Gallbladder
- 3. Ultrasound Bladder & Kidney
- 4. Mammogram with US Breast (Ladies)
- 5. Ultrasound Prostate (Men)

Sensory Test (Choose 2)

- Tonometry, Color Vision
- Audiometry
- Spirometry

Includes Breakfast

* Sports Attire and running shoes are required

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Dear TCC Staff & Members,

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TCC GOLD : \$749

Core Component

- Medical Consultation & Review
- Body Index Analysis (BIA)
- Urine & Stool Analysis
- ECG (12 leads)
- * Treadmill ECG
- Chest X-ray
- Pap Smear (For Ladies)

Blood Test

- Full Blood Exam
- Kidney/Renal Function Test
- Bone/Joint
- Liver Function
- Lipid Studies
- Diabetic Screen
- Hepatitis A & B Screen
- Thyroid Studies (FT4 & TSH)
- STD (HIV, VDRL)

Cancer Markers

- AFP (Liver), CEA (Colon), EBVEA (Nose), CA19-9 (Pancreas)
- CA125 Ovary (Ladies) or PSA Prostate (Men)
- * Sports Attire and running shoes are required

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Thomson Lifestyle Centre

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Radiology Investigations Group A Choose 2 out of 6

- 1. Ultrasound Thyroid
- 2. Ultrasound Liver
- 3. Ultrasound Kidney
- 4. Ultrasound Pelvis (ladies)
- 5. Ultrasound Breast (ladies)
- 6. Ultrasound Bladder (Men) Group B

Choose 1 out of 5

- 1. Ultrasound Abdomen
- 2. Ultrasound Liver & Gallbladder
- 3. Ultrasound Bladder & Kidney
- 4. Mammogram with US Breast (Ladies)
- 5. Ultrasound Prostate (Men)

Sensory Test (Choose 2)

- Tonometry, Color Vision
- Audiometry
 - Spirometry Inc

Includes Breakfast





Dr Tay Wen Sien, worked for several years as a Family Physician in Singapore, gaining invaluable experience in managing chronic diseases

she is a firm believer in prevention and early detection of illnesses upstream.

In this respect she has been intimately involved in health promotion and health screening for the past few years.

Our Doctors



Dr Derek Koh presently heads Thomson Lifestyle centre, practicing preventive medicine with health screening and tailored wellness programmes for individuals corporate clients.

He is a member of the American Academy of Anti Aging Medicine.

He is an advocate for health living and is a strong believer that everyone can add quality years to their lives while embracing an active lifestyle.



Thomson Lifestyle Centre
10 Sinaran Drive, #10-14/15
Novena Medical Center, Square 2
Singapore 307506
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Please call Serene at 9025 1144 for assistance.



THOMSON LIFESTYLE CENTRE FACILITIES

Our screening programmes are focused on Identifying, reducing and removing health risks, promoting wellness and healthy lifestyle, early detection and prevention of disease and facilitating prompt specialist intervention for medical conditions.



Main Breakfast and Waiting Area



Treadmill Facilities

Thomson Lifestyle Centre 10 Sinaran Drive, #10-14/15 Novena Medical Center, Square 2 Singapore 307506 T: 6352 6550 / 6559

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W: thomsonlifestylecentre.com

Our Clinical Team

